

# POST NEEDLE BIOPSY INSTRUCTIONS

## MICHAEL W. HAILEY, MD

### After your biopsy it is normal to have

- 1) **Slight tenderness** at the needle entry site AND further in the breast where the biopsy was performed. You will not require prescription pain medicines after this procedure. 800 mg of Ibuprofen three times per day for a few days should provide adequate pain control. You can use Tylenol if allergic to Ibuprofen.
- 2) **Firmness** at the biopsy site for several weeks. This can be due to swelling caused by needle trauma. In other words, you may FEEL an area where the biopsy was done (you may not have felt an area before). This area will go away with time, but it can take several weeks.
- 3) **Bruising** and **Swelling** in the area – Please take ibuprofen or swelling for any discomfort. Also, use ICE PACKS to decrease swelling.

### Call our office at (225) 216-1118 for:

- 1) Moderate or large bleeding from the biopsy site.
- 2) Pain and discomfort with a large amount of bruising.
- 3) Pain, fever greater than 101 degrees F, chills, large amount of redness
- 4) Any questions or concerns. Please remember to call during business hours (if possible) when help is more readily available.

Your Pathology Results will be called to the numbers you provided to our office within 2-4 days after your biopsy. Our staff always calls for pathology reports on the second day after your procedure. If the report is not finalized – the office will call daily until the Final Report is released. Preliminary results will not be phoned to you – as these can change. ***It is not necessary to phone our office for your results (unless it has been 5 workdays and you have heard nothing from our office.)*** Dr. Hailey will call AS SOON AS the Final Report is received.

### General Information:

- A Tissue Marker Clip may have been placed into the biopsy cavity to “mark” the area where the tissue was taken. This clip will make it possible to return to the same area where the biopsy was taken if necessary. It will not set off the metal detectors at the airport, etc.
- The needle biopsy that you had will give us important information concerning your breast abnormality. There are times when the Pathologist will need to see “more” tissue in order to render the area “benign.” If any report returns that is “atypical” (or if the results do not correlate with what was expected), Dr. Hailey may recommend that the entire area be removed in the Operating Room so that it can be more fully evaluated.
- We fully understand the anxiety that accompanies a breast biopsy. We promise to be diligent in reporting your results to you as soon as they are received. We appreciate being involved in your health care.

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